

Tips for Meeting with Your Legislator



Do your homework: Prior to your meeting, research **both sides** of the issue you want to discuss. Make sure you know how the legislator has voted on these issues, as well as any relevant bills that were recently passed.



Make your message personal and provide data: Find a shared interest, idea, or belief between you and the legislator and discuss this in the beginning of your meeting. Share stories about your organization and present any powerful facts or data that would cause a legislator to prioritize your issue over others.



Leave information and offer assistance: At the end of your meeting, be sure to give your legislator a one-pager of information that summarizes the issue. Also, extend your contact information such as a business card, and offer your assistance.



Don't forget to follow up: Thank the legislator for meeting with you in the form of a thank-you email or a phone call, and continue to keep in contact with them.